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# COURSES

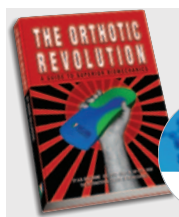
## biomechanics

**Presenter:**  
**Mr Ian Sadler**  
**BSc(Hons) Ch (DPodM) MChS**

### Lower Limb Biomechanics Hands-On Workshop: Module 1 (1 day)

Ian has extensive experience in the assessment and treatment of gait and biomechanics related conditions. Ian started his medical career as a medic and paratrooper with the British Army where he dealt with the diagnosis and treatment of traumatic and overuse injuries to the lower limb in many different fields of operation. After leaving the Army Ian studied Podiatry at the University of Huddersfield, specialising in the use of orthotic materials in the rehabilitation of lower limb and back injuries. Ian is currently a lecturer in the clinical interpretation of gait analysis technology and visiting lecturer at University Campus Suffolk and Easton College.

**A highly practical course focusing on the biomechanical relationship between the foot, knee, leg, hip and lower back.** A mix of both practical and theory sessions, attendees will learn how to identify and obtain Subtalar Joint Neutral (using the Anterior Line Method), diagnose excessive pronation & supination and identify and treat forefoot deformities. Biomechanical conditions covered, include: Hallux Abducto Valgus, Metatarsalgia & Morton's Neuroma, Plantar Fasciitis & Heel Spur, Severs Disease, Achilles Tendonitis, Shin Splints, Osgood Schlatters Disease, Knee Pain, Functional and Structural Leg Length discrepancy. Finally, learn to prescribe, fit and modify orthotics.



**Course fee includes:**

- 'The Orthotics Revolution': a practitioners guide to superior biomechanics.
- The ICB Practitioner Education & Training DVD



**£90**  
+VAT

### EARN 8 CPD POINTS

**Course Dates:**

- **FARNBOROUGH: 25 March 2012**
- **WALSALL: 29 April 2012**

**Time:** 9am to 5pm



**PLUS...**  
receive a **FREE** Orthotic Starter Pack worth over **£90!**

Please register me to attend:

**Lower Limb Biomechanics Hands-On Workshop  
Module 1: £90 + VAT**

- Farnborough: 25 March 2012**
- Walsall: 29 April 2012**

**PAYMENT:**

**Cheque:** made payable to JPM Products Ltd

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