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COURSES

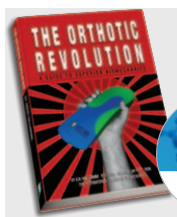
biomechanics

Presenter:
Mr Ian Sadler
BSc(Hons) Ch (DPodM) MChS

Lower Limb Biomechanics Hands-On Workshop: Module 1 (1 day)

Ian has extensive experience in the assessment and treatment of gait and biomechanics related conditions. Ian started his medical career as a medic and paratrooper with the British Army where he dealt with the diagnosis and treatment of traumatic and overuse injuries to the lower limb in many different fields of operation. After leaving the Army Ian studied Podiatry at the University of Huddersfield, specialising in the use of orthotic materials in the rehabilitation of lower limb and back injuries. Ian is currently a lecturer in the clinical interpretation of gait analysis technology and visiting lecturer at University Campus Suffolk and Easton College.

A highly practical course focusing on the biomechanical relationship between the foot, knee, leg, hip and lower back. A mix of both practical and theory sessions, attendees will learn how to identify and obtain Subtalar Joint Neutral (using the Anterior Line Method), diagnose excessive pronation & supination and identify and treat forefoot deformities. Biomechanical conditions covered, include: Hallux Abducto Valgus, Metatarsalgia & Morton's Neuroma, Plantar Fasciitis & Heel Spur, Severs Disease, Achilles Tendonitis, Shin Splints, Osgood Schlatters Disease, Knee Pain, Functional and Structural Leg Length discrepancy. Finally, learn to prescribe, fit and modify orthotics.



Course fee includes:

- 'The Orthotics Revolution': a practitioners guide to superior biomechanics.
- The ICB Practitioner Education & Training DVD



£90
+VAT

EARN 8 CPD POINTS

Course Dates:

- **FARNBOROUGH: 7 April 2013**
- **MANCHESTER: 23 June 2013**
- **BIRMINGHAM: 22 Sept 2013**

Time: 9am to 5pm



PLUS...
receive a **FREE** Orthotic Starter Pack worth over **£90!**

Please register me to attend:

**Lower Limb Biomechanics Hands-On Workshop
Module 1: £90 + VAT**

- Farnborough: 7 April 2013**
- Manchester: 23 June 2013**
- Birmingham: 22 September 2013**

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