For more information, please visit www.icbacademy.com

Lower Limb Biomechanics Hands-On Workshop: Module 1 (9am-5pm)

A highly practical course focusing on the biomechanical relationship between the foot, knee, leg, hip and lower back. A mix of both practical and theory sessions, attendees will learn how to identify and obtain Subtalar Joint Neutral (using the Anterior Position Method), diagnose excessive pronation & supination and identify and treat forefoot deformities. Biomechanical conditions covered, include: Hallux Abducto Valgus, Metatarsalgia & Morton’s Neuroma, Plantar Fasciitis & Heel Spur, Severs Disease, Achilles Tendonitis, Shin Splints, Osgood Schlatters Disease, Knee Pain, Functional and Structural Leg Length discrepancy. Finally, learn to prescribe, fit and modify orthotics.

PLUS... receive a FREE Orthotic Starter Pack worth over £90!

- Manchester: 25 June 2017
- Farnborough: 23 September 2017

Lower Limb Biomechanics Hands-On Workshop: Module 2 (9am-5pm)


- Farnborough: 24 September 2017

Course Fees:
Module 1 = £100 + VAT
Module 2 = £100 + VAT
Register for Modules 1 & 2 to receive 10% discount = £180.00 + VAT

For more information or to register for a course, please go to: www.icbacademy.com

Presenter:
Mr Ian Sadler - Podiatrist
BSc(Hons) Ch (DPodM) MChS

Ian has extensive experience in the assessment and treatment of gait and biomechanics related conditions. Ian started his medical career as a medic and paratrooper with the British Army. After leaving the Army, Ian studied Podiatry at the University of Huddersfield, specialising in the use of orthotic materials in the rehabilitation of lower limb and back injuries. Ian is currently a lecturer in the clinical interpretation of gait analysis technology and visiting lecturer at University Campus Suffolk and Easton College.

EARN 8 CPD POINTS per module