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COURSES biomechanics

Presenter:
Mr Ian Sadler - Podiatrist
BSc(Hons) Ch (DPodM) MChS

Ian has extensive experience in the assessment and treatment of gait and biomechanics related conditions. Ian started his medical career as a medic and paratrooper with the British Army. After leaving the Army, Ian studied Podiatry at the University of Huddersfield, specialising in the use of orthotic materials in the rehabilitation of lower limb and back injuries. Ian is currently a lecturer in the clinical interpretation of gait analysis technology and visiting lecturer at University Campus Suffolk and Easton College.

EARN 8 CPD POINTS per module

Course Fees:
Module 1 = £100 + VAT
Module 2 = £100 + VAT
Register for Modules 1 & 2 to receive 10% discount = £180.00 + VAT

Lower Limb Biomechanics Hands-On Workshop: Module 1 (9am-5pm)

A highly practical course focusing on the biomechanical relationship between the foot, knee, leg, hip and lower back. A mix of both practical and theory sessions, attendees will learn how to identify and obtain Subtalar Joint Neutral (using the Anterior Position Method), diagnose excessive pronation & supination and identify and treat forefoot deformities. Biomechanical conditions covered, include: Hallux Abducto Valgus, Metatarsalgia & Morton's Neuroma, Plantar Fasciitis & Heel Spur, Severs Disease, Achilles Tendonitis, Shin Splints, Osgood Schlatters Disease, Knee Pain, Functional and Structural Leg Length discrepancy. Finally, learn to prescribe, fit and modify orthotics.

***PLUS*... receive a *FREE* Orthotic Starter Pack worth over £90!**

- **Manchester: 25 June 2017**
- **Farnborough: 2 September 2017**

Lower Limb Biomechanics Hands-On Workshop: Module 2 (9am-5pm)

Topics covered include: The Anterior Alignment Method & Talo Navicular Measurement, Using a Gravity Goniometer, Range of Pronation: Measurement & Calculation, Forefoot Valgus, Varus & Supinatus: Effects on the lower limb & gait cycle, Plantarflexed 1st Ray: Fixed or Mobile, Dorsiflexed 1st Ray: Assessment for Fixed or Mobile, Sesamoiditis, LLB Assessment System and Tibial Torsion Assessment: Malleolar Position & using a Gravity Goniometer to measure tibial torsion.

- **Farnborough: 3 September 2017**

For more information or to register for a course, please go to: www.icbacademy.com

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Course Facilitated by:
International College of Biomechanics 4/17-19 Marshall Road, Kirrawee NSW 2232 Australia